

Recommended Vegetable Varieties for North Dakota Gardens—2010

Selecting a superior variety is the first step to success in vegetable gardening.

Gardeners who sow a superior variety can grow plants that will yield abundantly, resist disease, tolerate heat and drought, and produce tasty food. In contrast, gardeners who sow an inferior variety are headed for frustrations. No matter how hard they work in preparing the soil, watering, weeding, and managing pests, they may have disappointing results.

The following varieties have performed well in research conducted in home gardens and at research stations in North Dakota and other states in the Midwest:

ASPARAGUS. All-male: Jersey Giant, Jersey Knight, Jersey Supreme. **Other:** Martha Washington, Mary Washington, Purple Passion.

BEAN. Bush: Blue Lake 274, Contender, Derby, Espada, Jade, Roma II, Royal Burgundy. **Dry:** Coco-Rubico, Great Northern, Jacob's Cattle, Vermont Cranberry. **Lima:** Fordhook 242, Henderson, Thorogreen. **Pole:** Blue Lake, Kentucky Blue, Kentucky Wonder. **Wax:** Carson, Cherokee, Goldcrop, Rocdor.

BEET. Big Red, Bull's Blood, Chioggia, Cylindra, Detroit Dark Red, Detroit Supreme, Red Ace, Red Cloud, Ruby Queen, Touchstone Gold.

BROCCOLI. Emperor, Green Comet, Packman, Premium Crop.

BRUSSELS SPROUTS. Bubbles, Jade Cross, Oliver, Tasty Nuggets.

CABBAGE. Chinese: Blues, Lettuce Type, Michihili, Orient Express. **Green:** Danish Ballhead, Early Jersey Wakefield, Golden Acre, Stonehead. **Red:** Ruby Perfection. **Savoy:** Savoy Express, Savoy King.

CARROT. Orange: Danvers, Kuroda, Little Finger, Mokum, Nantes, Nelson, Rainbow, Red-Cored Chantenay, Scarlet Nantes, Sweetness III. **Purple:** Purple Haze. **Yellow:** Yellowstone.

CAULIFLOWER. Orange: Cheddar. **Purple:** Violet Queen. **White:** Amazing, Snow Crown.

CORN. Normal (su): Butter & Sugar, Jubilee, Seneca Horizon, Silver Queen. **Shrunken (sh₂):** Early



Xtra Sweet, Super Sweet Jubilee, Sweetie 82. **Sugary enhanced (se):** Ambrosia, Bodacious, Delectable, Luscious, Trinity. **Synergistic (se x sh₂):** Honey Select, Montauk.

CUCUMBER. Pickling: Calypso, Eureka, Homemade Pickles, H-19 Little Leaf. **Slicing:** Armenia, Dasher II, Diva, Fanfare, Marketmore 76, Marketmore 86, Orient Express, Salad Bush, Sweet Slice, Sweet Success, Sweeter Yet, Tasty Green.

EGGPLANT. Black Beauty, Cloud Nine, Dusky, Fairytale, Ichiban, Orient Express.

GARLIC. Chesnok Red, German Extra Hardy, Giant Siberian, Inchellium Red, Killarney Red, Korean Red, Music, Polish Hardneck, Spanish Roja.

GREENS. Asian: Hon Tsai Tai, Joi Choi, Mizuna, Mei Qing Choi, Osaka Purple, Red Giant, Tatsoi, Vegetable Amaranth. **Mustard:** Florida Broad Leaf, Green Wave, Southern Giant Curled, Tendergreen.

KALE. Red Russian, Vates.

KOHLRABI. Purple: Early Purple Vienna, Kolibri. **White:** Early White Vienna, Grand Duke, Winner.

LEEK. American Flag, King Richard.

LETTUCE. Leaf: Black-Seeded Simpson, Deer Tongue, Green Ice, New Red Fire, Red Sails, Red Salad Bowl, Salad Bowl, Slobolt, Simpson Elite. **Bibb:** Buttercrunch, Cherokee, Ermosa, Harmony, Nevada, Sierra. **Head:** Summertime. **Romaine:** Cimmaron/Rouge d'Hiver, Freckles, Parris Island, Rosalita.

MELON. Muskmelon: Athena, Burpee Hybrid, Earliqueen, Fastbreak, Goddess, Iroquois, Superstar. **Specialty:** Amy, Angel, Earli-Dew, Passport, Sugar Nut.

OKRA. Annie Oakley II, Cajun Delight, Red Burgundy.

ONION. Red: Mars. **White:** Super Star. **Yellow:** Ailsa Craig, Candy, Copra, Sweet Sandwich, Sweet Spanish, Walla Walla.

PEA. Shell: Burpeeana Early, Early Frosty, Eclipse, Green Arrow, Little Marvel, Maestro, Progress No. 9, Wando. **Snap:** Sugar Sprint, Super Sugar Snap. **Snow:** Oregon Giant, Oregon Sugar Pod II.

PEPPER. Bell: Bell Boy, Early Sunsatation, Fat 'N' Sassy, Golden Bell, Jupiter, New Ace, North Star. **Frying/Roasting:** Carmen, Cubanelle, Giant Marconi, Gypsy. **Hot:** Early Jalapeno, Garden Salsa, Hot Paper Lantern, Mariachi, Mucho Nacho, Super Cayenne.

POTATO. Kennebec, Red Norland, Red Pontiac, Russett Norkatah, Superior, Yukon Gold.

PUMPKIN. Cooking: Baby Bear, Small Sugar, Rouge Vif D'Etampes. **Jack-o'-lantern:** Autumn Gold, Howden, Neon, Orange Smoothie, Racer, Sorcerer. **Competition:** Dill's Atlantic Giant, Prizewinner. **Specialty:** Jamboree (gray), Lumina (white).

RADISH. Amethyst (purple), Champion, Cherry Belle, Easter Egg II, French Breakfast, German Giant, Pink Beauty, White Icicle. **Asian:** April Cross, Shunkyo Semi-Long, Summer Cross.

RUTABAGA. American Purple Top.

SPINACH. Bloomsdale Long Standing, Bordeaux, Melody, Olympia, Space, Tye.

SQUASH, SUMMER. Crookneck: Pic-n-Pic, Sebring, Sundance. **Scallop:** Flying Saucer, Peter Pan, Sunburst. **Straightneck:** Multipik, Sunray. **Zucchini:** Aristocrat, Black Beauty, Eight Ball, Gold Rush, Greyzini, Magda, Portofino, Spineless Beauty.

SQUASH, WINTER. Acorn: Carnival, Cream of the Crop, Heart of Gold, Table Ace, Table Queen Bush. **Buttercup:** Autumn Cup, Bon Bon, Burgess. **Butternut:** Early Butternut, Waltham. **Delicata:** Cornell's Bush Delicata. **Hubbard:** Blue Magic. **Kabocha:** Ambercup, Sunshine, Sweet Mama. **Spaghetti:** Pasta, Vegetable Spaghetti.

SWISS CHARD. Bright Lights, Fordhook Giant, Rhubarb.

TOMATO. Cherry/Grape: Cupid, Juliet, Small Fry, Sugary, Sunsugar, Supersweet 100, Sweet Baby Girl,

Yellow Pear. **Fresh market:** Big Beef, Celebrity, Early Girl, Goliath, Health Kick, Jet Star. **Paste:** Roma VF, Viva Italia. **Heirloom:** Amish Paste, Brandywine, Cherokee Purple, Mortgage Lifter, Pineapple, Rainbow, Striped German, Stupice, Wisconsin 55.

TURNIP. Purple Top White Globe, Tokyo Cross.

WATERMELON. Seeded: Crimson Sweet, Sugar Baby, Sweet Beauty, Sweet Favorite, Yellow Baby, Yellow Doll. **Seedless:** Honeypot, Solitaire, Trillion.

Seed Companies

The following are some popular sources of garden seeds. Listing these sources does not guarantee or warranty their seed by North Dakota State University Extension Service and does not imply approval to the exclusion of other sources.

Burpee Seed, 300 Park Ave., Warminster, PA 18974; <www.burpee.com>; (800) 888-1447.

Gurney's Seed and Nursery, PO Box 4178, Greendale, IN 47025; <www.gurneys.com>; (513) 354-1492.

Harris Seeds, 355 Paul Rd., PO Box 24966, Rochester, NY 14624; <www.harrisseed.com>; (800) 544-7938.

Henry Fields, PO Box 397, Aurora, IN 47001; <www.henryfields.com>; (513) 354-1494.

Johnny's Selected Seeds, 955 Benton Ave., Winslow, ME 04901; <www.johnnyseeds.com>; (877) 564-6697.

Jordan Seeds, 6400 Upper Afton Rd., Woodbury, MN 55125; <www.jordanseeds.com>; (651) 738-3422

Jung Seed, 335 S. High St., Randolph, WI 53957; <www.jungseed.com>; (800) 247-5864.

Mountain Valley Seed, 1438 S. 700 West, Salt Lake City, UT 84104; <www.mvseeds.com>; (801) 486-5730.

Park Seed., 1 Parkton Avenue, Greenwood, SC 29647; <www.parkseed.com>; (800) 213-0076.

Seed Savers Exchange, 3094 North Winn Road, Decorah, IA 52101; <www.seedsavers.org>; (563) 382-5990.

Seedway, 99 Industrial Road, Elizabethtown, PA 17022; <www.seedway.com>; (800) 952-7333.

Stokes Seeds, PO Box 548 Buffalo, NY 14240; <www.stokeseeds.com>; (800) 396-9238.

Territorial Seed, PO Box 158, Cottage Grove, OR 97424; <www.territorialseed.com>; (800) 626-0866.

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